



## Current Opening Times

**Drop in:** Monday-Friday, 9am-12.45pm.

**Breakfast:** 9am-10:30am

**Lunch:** 12pm-12:45pm.

**Phonelines** are open Monday - Friday, 9am - 5pm

## Photography with Anthony Luvera

This project is not just for existing participants, but anyone who may be interested and will lead up to an exhibition at Snow Hill station in Sept. So if you want to get involved, make it snappy.



## Take it to the bank!

HSBC bank will be coming down to SIFA Fireside to support our clients in opening a basic bank account. Sessions take place on May 17th from 1pm. Speak to Nieke for requirements/sign-up.

## A hundred thousand welcomes to our new team members:

Dave is joining us as a Peer Mentor.

Matt is now part of our team as a Crisis Project Worker.

Charles has come on board as our brand new Facilities Lead.

Karen, Marilyn, Julie and Dominique have also all joined us as volunteers. Welcome!

## Employability, Skills and Training

SIFA Fireside partners The Coleman Group will be coming to the Drop In on Monday May 23 to deliver online courses in Manual Handling, First Aid, Driving Safety, Mental Health, and Food Safety.



If you're looking to improve your skills, book your place or to find out more by speaking to Sophie, Jess or Danny from the Employability Team.



## A Day at the Beach

In April, SIFA Fireside staff and clients took a trip to Weston-super-Mare for a chance to get out of the city, to foster their support networks... and to dip a toe. Well done to everyone involved.

## Join our Client Forum!

Have your say and help shape our services on the second Tuesday of every month in our Activity Room. Contact the Drop In Team for info. Next Client Forum – 10th May '22.



MONDAY



Breakfast  
9am to 10:30  
Lunch  
12pm to 12:45



English Language  
Lessons  
10am to 12 noon



Drop-In Opticians

TUESDAY



Breakfast  
9am to 10:30  
Lunch  
12pm to 12:45



NURSE

Community Nurse



Job Club  
10am to 12 noon

WEDNESDAY



Breakfast  
9am to 10:30  
Lunch  
12pm to 12:45



English Language  
Lessons  
10am to 12 noon



Job Club  
10am to 12 noon

THURSDAY



Breakfast  
9am to 10:30  
Lunch  
12pm to 12:45



Chiropodist  
9am —12 noon



Job Club  
10am to 12 noon



Creative Workshop  
Activity Room 13.30  
to 15.00



Cookery Classes  
13.30 to 16.00

FRIDAY



Breakfast  
9am to 10:30  
Lunch  
12pm to 12:45



Cookery Classes  
13.30 to 16.00



Tenancy support  
All day



Tenancy support  
All day



Tenancy support  
All day



Tenancy support  
All day



Tenancy support  
All day