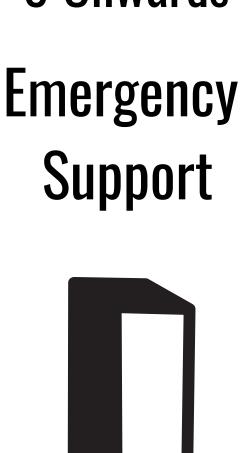
Support Centre Timetable

Liverpool Street, Deritend, B9 4DS Mon, Tues 9am - 5pm Wed 9am - 1pm Thurs, Fri 9am - 5pm



9 Onwards

Support



Homeless and Emergency Support



Physical & Mental Health Support



Food



Advice and information



Clothing & Showers



| **Birmingham** | City Council

10.30 - 12 noon

Appointments



EU **Settlement Scheme**



Supported Accommodation Advice (HTWS)



Physical & Mental Health Support



Health and **Wellbeing Advice** (The ASH)



Department for Work & **Pensions**



(excl. Wednesdays)



12 Noon Onwards

Workshops





Cookery Classes





Lunch

Creative Workshops

Music Therapy Jam Sessions

IT Skills Employment Support

Performance Workshops

Support Centre Timetable

Liverpool Street, Deritend, B9 4DS

The Support Centre for any adult in Birmingham that faces homelessness





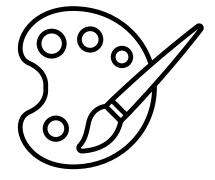
Pure Project (Employability)
IT Suite
10:00 – 13:00

Monday: Life Skills

(Lunch included 12 - 12.45pm)

$$\frac{x}{a} + \frac{y}{b} = 1$$

Numeracy Classes
Activity Room 13:00 - 14:00
15/05, 22/05, 29/5, 5/6, 12/6



Art Class Activity Room 13:30 – 15:00

Tuesday: Arts and Crafts

(Lunch included 12 - 12.45pm)



Music Therapy Volunteers' Room 13:00

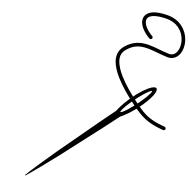


DBT Informed Skills Group
Activity Room
13:30

Thursday: Wellbeing

(Lunch included 12 - 12.45pm)

Stress Management Volunteers' Room 13:00 04/05, 15/06, 13/07, 10/08 Geese Theatre
13:00 – 16:30
04/05, 11/05, 18/05,
25/05, 01/06, 08/06,
15/06, 22/06, 29/06



Sewing Workshop 14:00 – 15:00 11/05, 25/05



Friday: Community Inclusion

(Lunch included 12 - 12.45pm)



SIFA Social Club 13:00 – 15:00

Games, Social Inclusion, Activities

Pure Project (Employability)
IT Suite
10:00 – 13:00

Birmingham, You're not alone.