

# Your NEWSLETTER

**SIFA**  
fireside

November 2023  
Issue 85

Your regular update on services, events and news

## A Hundred Thousand Welcomes...

As November begins we have some new friendly faces joining the team here at SIFA Fireside. Noah has come on board as our ASH Prevention Service Administrator and Adi has taken on the position of Prevention Project Worker, also in the Adult Support Hub (ASH) team. Be sure to give them a warm welcome if you see them around the Support Centre.



## On a Friday...

Our new Men's Group will be run by our very own Kyle and will be a chance to discuss, well, anything to do with being a man, really. Health, wellbeing, feelings, identity... it's up to you.

Kyle and Esther will be also be running the "Introduction to Recovery" group for anyone who wants to work towards putting their addiction behind them. Speak to a staff member to sign up!

### APPLYING FOR JOBS

Getting ready to apply for work

What You'll Be Doing:

- ✓ Friday 24th November 10:30-12pm
  - How to write a good CV
  - Making changes to your CV
- ✓ Friday 1st December 10:30-12pm
  - Online job searching: Sites & Agencies
  - What to look out for: Safety
- ✓ Friday 8th December 10:30-12pm
  - You've found a job. How to apply with a Cover Letter

Including CSCS-specific professional advice

## Black History Month

Thank you to everyone who made our Celebrate and Motivate event such a successful and enjoyable occasion. It was brilliant to see the people in our community come together and celebrate music, food and each other. Special thanks to Don Campbell, Talvin, Omar and Angel for their inspirational performances.



## SIFA Fireside Support Centre

Emergency Support and Rough Sleepers: Mon-Fri, 9am onwards

Appointments: 10:30am - 12 noon

Workshops: 12:30pm onwards (excl. Wednesdays)



[www.sifafireside.co.uk](http://www.sifafireside.co.uk)

0121 766 1700

Mon - Fri, 9am - 4pm

BCC Emergency Accommodation

0121 3032296

# Support Centre Timetable

Liverpool Street, Deritend, B9 4DS

# SIFA fireside

The Support Centre for any adult in  
Birmingham that faces homelessness



**New** \*Basic English Skills\* **New**

10.30 - 12 noon.  
Nov 6th, 13th and 20th  
Activity Room

## Monday

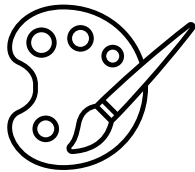
(Lunch included 12 - 12.45pm)

Get Your Week Ready  
Book your session with Bethany



**New** \*Useful IT Skills\* **New**

10.30 - 12 noon. 20th Nov, 27th  
Nov, 4th Dec  
IT Suite



Art Class  
Activity Room  
13:30 - 15:00

## Tuesday

(Lunch included 12 - 12.45pm)



Music Therapy  
Wellbeing Room  
13:00



DBT Informed Skills Group  
Activity Room  
13:30

## Thursday

(Lunch included 12 - 12.45pm)



Geese Theatre  
13:00 - 16:30  
Running now... sign up with  
any member of staff



Pure Project (Employability)  
IT Suite  
10:00 - 13:00

## Friday

(Lunch included 12 - 12.45pm)



Stress Management  
Volunteer Room  
12.30 - 13.30

Alcoholics Anonymous  
Activity Room  
13:00 - 14:00

Birmingham,  
You're not alone.