

Your NEWSLETTER

SIFA
fireside

October 2026

Issue 120

Your regular update on services, events and news

Autumn Additions To SIFA...



We've had a few new additions to our team here at SIFA! Let us introduce the brilliant Rory (left) who has joined us in the brand-new role of Housing Navigator and the fantastic Jack (right) who is our new Housing & Substance Misuse Worker.

We're also pleased to have the lovely Jane on board in the Exempt Accommodation Navigator Service. If you see them around be sure to give them all a warm welcome!

Dates for your diary

Friday 2nd October: Games Afternoon

Friday 16th October: Games Afternoon

Wednesday 21st October: Meditation Class

Wednesday 28th October: Client Forum

Friday 30th October: Halloween Magic Show

Friday 30th October: Games Afternoon

TBC: Cinema Trip

Find A Moment Of Calm This October

We're pleased to be offering a Meditation Class on Wednesday 21st October at 1pm. This session could be great for finding a little bit of calm, improving mood and helping to ease stress. **If you'd like to attend, please speak to Amarjit from the Recovery Team.**

Our next Client Forum will be taking place on Wednesday 28th October at 10:45am, which is a great opportunity to have your say about the support we offer here at SIFA. We encourage you to come along and share your feedback with the team.

Be sure not to miss the Halloween Magic Show taking place in the morning of Friday 30th October. SIFA's very own Ed will be treating us to some spooky entertainment, so make sure you save the date!

Remember to read through all the dates for your diary and keep an eye out for further details about the upcoming cinema trip in the Support Centre.

SIFA Fireside Support Centre

Emergency Support and Rough Sleepers: Mon-Fri, 9am onwards

Appointments: 10:30am onwards

Workshops/Activities: 12:30pm onwards (excl. Wednesdays)



www.sifafireside.co.uk

0121 766 1700

M, T, Th, F, 9am - 4pm

W, 9am - 12.45pm

BCC Emergency Accommodation

0121 3032296

Support Centre Timetable

Liverpool Street, Deritend, B9 4DS

SIFA fireside

The Support Centre for any adult in
Birmingham that faces homelessness



Vision Care
10:00



Emerging Futures
Activity Room
10:00 - 12:00

Monday



**Exempt Accommodation
Drop-In**
13:30 to 16:00



**Substance Support
Anonymous**
Activity Room
12:30 - 13:30

Tuesday



Music Therapy is currently paused.

Thursday



Digital Inclusion
10:00 - 12:00



Mental Health Nurse Drop-in
10:00 - 12:00



**Exempt Accommodation
Drop-In**
13:30 to 16:00

Friday



Umbrella Sexual Health Clinic
(Last Friday of the month)
10:00



**Department for Work
and Pensions (DWP)**
Mornings plus every second Wednesday



Alcoholics Anonymous
Activity Room
12:00

**Birmingham,
You're not alone.**