Your NEWSLETTER

Your regular update on services, events and news

SIFA fireside

November 2026
Issue 121

Hello & Welcome!





We are welcoming more new faces here at SIFA this month, including Patricia (left), and Richard (centre) who have both been fabulous new additions to the Exempt Accommodation Navigator Service. Simbarashe (not pictured) has also joined us as our new Peer Support Worker.

We are delighted to have them with us and if you see them around the Support Centre, please do say hello!

Dates for your diary

Friday 13th November: Games Afternoon
Monday 16th November: Meditation Session
Monday 16th November: Cinema Trip
Friday 20th November: New Film Club
Wednesday 25th November: Client Forum
Friday 27th November: Games Afternoon

Something for the film lovers...

Are you a fan of all things film? If so, then you might be interested in the brand new Film Club starting on the 20th November at 10:30am. Shane from Drifter's Cinema will be coming in to run the sessions, so please speak to Amarjit from the Recovery Team if you would like to come along!

The next Meditation class will take place on the 16th November at 1pm, and we are pleased to share that our weekly Music Therapy sessions are back up and running again on Tuesday afternoons.

This month's trip to Mockingbird Cinema will be to see National Treasure with Nicholas Cage on the 16th November. If you'd like to come along, we will be meeting on the Support Centre floor at 1:20pm before walking over to the Mockingbird together.

Support Centre Timetable

Liverpool Street, Deritend, B9 4DS

The Support Centre for any adult in Birmingham that faces homelessness

SIFA fireside

Monday



Vision Care
10:00



Emerging Futures
Activity Room
10:00 - 12:00



Exempt Accomodation Drop-In
13:30 to 16:00



Substance Support Anonymous
Activity Room
12:30 - 13:30

Tuesday



Music Therapy
Activity Room
12:00 - 15:30

Thursday



Digital Inclusion
10:00 - 12:00



Mental Health Nurse Drop-in
10:00 - 12:00



Exempt Accomodation Drop-In
13:30 to 16:00

Friday



Umbrella Sexual Health Clinic (Last Friday of the month)
10:00



Department for Work and Pensions (DWP)
Mornings plus every second Wednesday



Alcoholics Anonymous
Activity Room
12:00

Birmingham,
You're not alone.